

Nerve Root	Myotome	Dermatome	Reflexes
C5	Shoulder Abduction	Regimental Badge (deltoid)	Biceps / Supinator
C6	Biceps	1st dorsal webspace hand	Biceps / Supinator
C7	Triceps	Tip of middle finger	Triceps
C8	Finger Flexors	Ulnar side little finger	Triceps
T1	Finger Abductors (little finger)	Medial arm	
L2	Hip Flexors	Lateral aspect mid-anterior thigh	
L3	Knee Extensors	Medial epicondyle femur	Knee
L4	Ankle Dorsiflexion	Medial malleolus	Knee
L5	Big Toe Extension	1st dorsal webspace foot	Medial hamstring
S1	Ankle plantar flexors	Mid-portion Achilles tendon	Ankle jerk

