



# PACIFIC HEALTH STRATEGY

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2021 — 2024



**He ika kai ake i raro, he rāpaki ake i raro —  
committing to a journey begins with the first steps.**

### **Our Purpose**

Supporting and uplifting the health and wellbeing of the people of Aotearoa New Zealand.

### **Our Mission**

Together we are reimagining healthcare to deliver the most progressive, pro-active and equitable health and wellbeing services in Aotearoa New Zealand.

### **Our Vision**

An Aotearoa where all people, across all life stages are enabled to meet their full potential.



## Values

Kotahitanga

Mana motuhake

He tāngata

Haerenga tahi

Tikanga

## Values and behaviours

Integrity guides us.

We walk alongside people.

All people are taonga.

We courageously embrace meaningful change.

We collaborate for collective impact.



# PACIFIC HEALTH — STRATEGIC OBJECTIVES

People: our people thrive

Future: our voice is respected

Tautua (service): improved wellbeing

Partnerships: nurture sustainable vā



# OUR PRIORITY AREAS

The ProPacific Advisory Board are committed to “Mo’ui ‘oku lelei” - a Tongan concept for good life, wellbeing or in essence, Pacific people live well.

Key attributes include workforce capabilities, cultural influence and quality services through collaboration and partnership.



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## Our fale (staff)

To attract, retain and develop a culturally confident workforce

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## Our anoiha (future)

To value Pacific voices and cultural Insight at all levels

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## Our tautua (service)

To empower Pacific peoples with care for their needs and aspirations

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## Our Matakeinanga (village)

To be a trusted partner



ProCare's Pacific Dimensions are placed under the korowai of Te Tiriti Principles.

The Pacific Health Strategy is aligned to the following Pacific Dimensions:

- **Mental:** Pacific people are confident in being Pacific (values are respected)
- **Physical:** Pacific people achieve and maintain physical wellness
- **Spiritual:** Pacific people's beliefs, epistemology and practices are respected
- **Community:** Acknowledge and embrace the ability for Pacific people to fully participate in family, cultural and community life
- **Environment:** Nurture the special relationship Pacific people have with the land and environment



# Population Health Strategy

# Top priority health areas for Pacific



## Healthy start to life 0 - 4 years

- Respiratory hospitalisations
- SUDI
- Registration with LMC in the first trimester
- 5-14 years — oral health/dental conditions
- Gestational Diabetes



## Increased engagement 15 - 24 years

- Youth suicide / Mental health
- Cellulitis/other skin infections
- MMR / Vaccinations



## Engaged and enabled Wellbeing

- Covid-19 related issues
- Obesity
- Smoking
- Mental health —depression
- Cancer prevention — HPV vaccination
- Cancer screening



## Improved Quality of life Long Term Conditions

- Asthma/chronic respiratory disease
- Lung conditions /cancer & Breast Cancer
- Rheumatoid arthritis / Gout
- Cardiovascular disease including Heart Failure
- Diabetes and Kidney disease
- Multimorbidity (have 2 or more long term conditions)



## Improved Quality of life for older people

Mo'ui 'oku lelei

- Supporting Pacific  
people to live well

