## **. ∴** ProCare

## PACIFIC HEALTH STRATEGY

2021 - 2024



He ika kai ake i raro, he rāpaki ake i raro — committing to a journey begins with the first steps.

## **Our Purpose**

Supporting and uplifting the health and wellbeing of the people of Aotearoa New Zealand.

### **Our Mission**

Together we are reimagining healthcare to deliver the most progressive, pro-active and equitable health and wellbeing services in Aotearoa New Zealand.

### **Our Vision**

An Aotearoa where all people, across all life stages are enabled to meet their full potential.



## **Values**

Kotahitanga

Mana motuhake

He tāngata

Haerenga tahi

Tikanga

## Values and behaviours

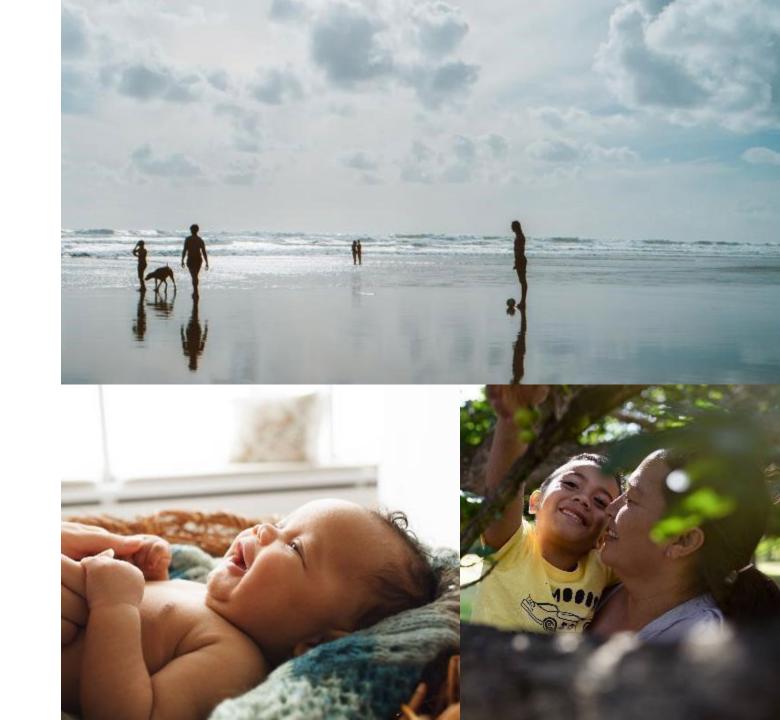
Integrity guides us.

We walk alongside people.

All people are taonga.

We courageously embrace meaningful change.

We collaborate for collective impact.



## PACIFIC HEALTH — STRATEGIC OBJECTIVES

People: our people thrive

Future: our voice is respected

Tautua (service): improved wellbeing

Partnerships: nurture sustainable vā



## OUR PRIORITY AREAS

The ProPacific Advisory Board are committed to "Mo'ui 'oku lelei" - a Tongan concept for good life, wellbeing or in essence, Pacific people live well.

Key attributes include workforce capabilities, cultural influence and quality services through collaboration and partnership.









## Our fale (staff)

To attract, retain and develop a culturally confident workforce

## Our anoiha (future)

To value Pacific voices and cultural Insight at all levels

## Our tautua (service)

To empower Pacific peoples with care for their needs and aspirations

## Our Matakeinanga (village)

To be a trusted partner

ProCare's Pacific Dimensions are placed under the korowai of Te Tiriti Principles.

## The Pacific Health Strategy is aligned to the following Pacific Dimensions:

- Mental: Pacific people are confident in being Pacific (values are respected)
- Physical: Pacific people achieve and maintain physical wellness
- Spiritual: Pacific people's believes, epistemology and practices are respected
- Community: Acknowledge and embrace the ability for Pacific people to fully participate in family,
   cultural and community life
- Environment: Nurture the special relationship Pacific people have with the land and environment



# Population Health Strategy

## Top priority health areas for Pacific



Healthy start to life 0 - 4 years



Increased engagement 15 - 24 years



Engaged and enabled Wellbeing



Improved Quality of life Long Term Conditions



Improved Quality of life for older people

- Respiratory
   hospitalisations
- SUDI
- Registration with LMC in the first trimester
- 5-14 years oral
   health/dental conditions
- Gestational Diabetes

- Youth suicide / Mental health
- Cellulitis/other skin infections
- MMR / Vaccinations

- Covid-19 related issues
- Obesity
- Smoking
- Mental health —depression
- Cancer prevention HPV vaccination
- Cancer screening

- Asthma/chronic respiratory disease
- Lung conditions /cancer & Breast Cancer
- Rheumatoid arthritis / Gout
- Cardiovascular disease including Heart Failure
- Diabetes and Kidney disease
- Multimorbidity (have 2 or more long term conditions)

Mo'ui 'oku lelei

- Supporting Pacific people to live well

